

# OIT CONNECTION



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In the future, we will add names to photos so that we can get to know each other better. Thank you goes to everyone who contributed, especially Karen Knox ,Chris Osgood, and Natasha Moiseenko who assisted with editing. This is **truly** a work in progress.



Douglas Averill

Director, OIT Business Process Management

## What is Business Process Management (BPM) ?

Business Process Management recognizes that everything we do at work is a process. If we optimize a process then we become more consistent, transparent, efficient, and effective. In order to optimize a process we need to first define it.

A business process management suite is a tool that allows business process owners to quickly express and modify business processes using tools with limited code. These tools define the user interface, rules, reports, roles, and integrate existing data sources all using an Agile build methodology. When the 6 to 12 week build is complete and deployed, users have new screens and clear business rules to follow.

A good example of a solution that could be built in a business process management suite (BPMS) is accounts payable. Right now, all invoices that are paid by the State are hand coded, interofficed, and as a last step, data entered into the accounting system where checks are generated. With a BPMS, we could create an online portal where invoices are uploaded, coded, and electronically vectored throughout the enterprise. Each step of the way we would have an audit trail and timeline – no longer would we need to shuffle through stacks of paper to find “that one” invoice.

### About Doug:

I have been with the State of Maine since 2007 and since then, have had jobs with progressing authority and responsibility. I have been with OIT –five weeks and most recently I was the Deputy Director of Operations for the Department of Health and Human Services. Prior to serving the State of Maine, I consulted, performed technical sales, ran large construction projects, and served overseas in the US Peace Corps. I live in Hallowell with my wife, three children, and two bee hives.

# OIT First Annual

## *TechNight*



On March 14, 2012, The State of Maine's Office of Information Technology (OIT) hosted an incredible opportunity for Educators as well as a select number of students. We are thrilled about the results of the evening. Thank you to everyone who participated in the *first* "OIT Technology Night" and shared in the excitement.

We were able to we expose students to the rewarding career opportunities available in the Information Technology field and have fun at the same time! Technology night established the foundation for long lasting relationships and networking among students, educators from schools in the surrounding areas, and OIT and employees from the State of Maine. We are so pleased that this very exciting event was such a success, this would not have been possible without everyone's involvement from OIT!

We are seeking volunteers for next year, so if you wish to participate, please express your interest to your director or a senior leadership member.

# Tech Night Participating Schools



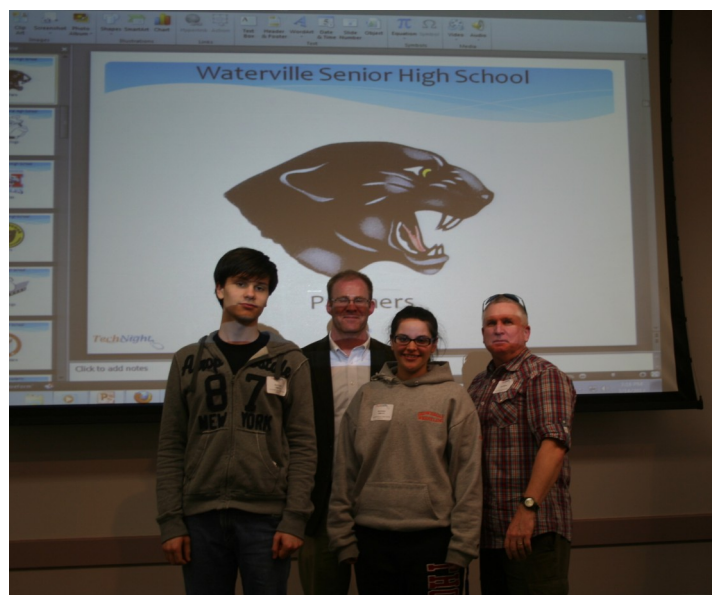
Hall-Dale



Waterville





**Hall-Dale Bulldogs****Waterville Panthers****Winslow Black Raiders****Maranacook Bears**



**Monmouth Mustangs**



**Messalonskee Eagles**

**Messalonskee Robotics Team** also showcased their skills during the Tech Fair!!



**Machias Bulldogs**



## Marshmallow Challenge Winners!!!!



**Special note:** This structure was standing two minutes before the clock stopped. 30 seconds before time ran out it started to tilt... they worked together to stabilize it and won!!!





**“I learned cooperation and communication is important.”**

**“This opened some doors to technology that I did not know existed before.”**



**Forensics**

**“I learned a lot of things, and I have become very interested in technology.”**

**“I learned you cannot totally delete your Internet file history.”**

**“I liked getting to meet people and be able to show my ideas.”**



**Application Design and Presentation**

OIT Tech Night: I had a great time helping with OIT Tech night and I saw so many smiles on the faces of the kids and educators who were participating. OIT staff were clearly enjoying themselves as well.

“March 14th: Several students attended an Office of Information Technology “Tech Night” where they learned about careers in computer technology, designed an app, participated in building a marshmallow tower, and were entered to win lots of great prizes!” from the RSU2 (Hall-Dale) newsletter about Tech Night.

A Tech educator from Hall-Dale also stated that her students had an awesome time, and she hoped that “OIT makes Tech night an annual event”.

From the survey’s, there were no negative comments:

In summary:

The students learned more about technology and careers in technology

The students had positive comments about all the activities

The students expressed that teamwork and getting to know others was important

The “AHA” moment- hand down: Delete does not mean delete!!

### **A Special Thanks to all of our supporters:**

We got great prizes from: Lenovo, Advizex, Microsoft, VMWARE, and SCS!

University of Maine at Augusta, University of Southern Maine, Unum, Project Login, InforME, Red Hat, Linux, Britt’s Café, Committee Members, the Materials Team, Jim Smith, Doug Birgfeld for being our M.C., and all of our Awesome Volunteers!!!

# Thank you!!!!

**We hope to see you again next year!! :)**

## The Office of Information Technology Interns Get Involved

The Interns in the *Office of Information Technology* learn more than computers and applications. They learn to get involved with the community and make connections with high school and college students to promote technology careers.

The internship provides work experience and an opportunity to practice business and career social skills, presentation skills, networking and more. In March, the interns participated and assisted in coordinating events at the first Annual Technology Night.

The interns attend two events in March to promote technology careers to college students at UMA and USM. All of the interns had a chance to communicate about their hands-on experience working with highly talented mentors who share their knowledge. They found themselves very busy!

The rooms were packed with interested college students and business partners who were seeking interns and candidates to fill the shortage in the technology workforce.



One area of special interest to employers in Maine is Project>Login. It is Educate Maine's newest program aiming to double the number of computer science, computer engineering and information technology college graduates in four years. Our interns offered input, expertise, and assistance to this program also.

The OIT Internship program includes a minimum of one community outreach project to strengthen not only their skills for a professional career field, but to learn to be well rounded and responsible citizen of Maine.

### Project>Login

Project>Login is a program to build Maine's CS and IT capacity. We have a specific goal to double the number of students graduating from the University of Maine System with degrees in Computer Science, Computer Engineering and IT in four years. Many Maine companies are stepping up to help. If you are interested in participating in future events, please contact [Kelly.rickert@maine.gov](mailto:Kelly.rickert@maine.gov)





## Welcome to the Network Connection—featuring employees from OIT

Name: **Jeremy Cotnoir**

Job position in OIT: **Technical Support Specialist with the UNIX Server Support Team**

What is your “hometown” or place of birth? **Hometown = Gardiner/West Gardiner; Place of Birth = Augusta**

If you could ride a bus from Maine to California who would you select to ride in the seat beside you (can be deceased, living or yet to live) and why?

**My wife, Sara, because she makes my life richer and more comfortable, and she’s my best friend.**

What is your favorite food?

**Anything that’s not good for you; Sushi/Chinese/Thai/Mexican – I love food!**

What is your most favorite activity or event to do in the winter?

**Building snowmen with my daughters**

Do you have a valuable or cost saving tip to share that can help save money, make someone safer, or save time?

**Shopping at Goodwill – just got a designer button-up shirt (Banana Republic) for \$3**

What is your favorite hobby or your favorite sport?

**Skiing, sledding with my daughters in the winter, swimming in the summer**

Which famous person do you admire and why are they important to you, or in your view, to society in general?

**Roberto Clemente – Pittsburgh Pirates player in the 70’s who was very talented, but philanthropically, he was very charitable, and unfortunately died in a plane crash trying to deliver aid earthquake victims in Nicaragua.**

What is your pet-peeve?

**People who drive slower than the posted speed limit / people who speak loudly at work on their phone – work and/or personal**

Who is your favorite actress or actor and why?

**Will Ferrell – I love comedies, and he is probably the funniest actor I can think of today**

If a wizard gave you three wishes, and one wish was to be an animal, which one would you be and why?

**Tough question, off the cuff though, I’d probably say a Bald Eagle, because of the respect they’re shown, the majesty they display, they’re not hunted (unless poached), and they can glide on the wind with ease.**

**Welcome to the Network Connection—featuring employees from OIT**

**Name:** Bill E. Waterman

**Job position in OIT:** Programmer Analyst Intern (MRS)

**What is your “hometown” or place of birth?** Virginia. I actually have cousins who know the legendary Christian Weston Chandler, the creator of Sonichu, personally, and went to Piedmont Virginia Community College.

**If you could ride a bus from Maine to California who would you select to ride in the seat beside you (can be deceased, living or yet to live) and why?** My nephew, Terrence. We have a lot of catching up to do and he wants to travel. That’s my selfless, probable answer, anyway. My selfish, impossible choice is my long lost best friend Stephen Milhouse, because then I’d find him.

**What is your favorite food?** Bananas.

**What is your most favorite activity or event to do in the Spring?** Jumping on a trampoline.

**Do you have a valuable cost saving tip to share that can help save money, make someone safer, or save time?** Take your thermos to the café and fill it with coffee. They’ll slash the price down to .99 for not using their cups and they’ll never even tell you this until you try it. You also get 2 pizza slices for the price of one after 2PM, but you have to remind them.

**What is your favorite vacation spot?** South Carolina with my brother’s family. I have at least done that before. It is my deepest desire to see India, Mongolia, and Buryatia, but no matter how much I complain about it, it never happens.

**Which famous person do you admire and why are they important to you, or in your view, to society in general?** Joseph Campbell. Some might see what he attempted to do as religious hijacking, but that love and knowledge of mythology and the many cultures of the world is the core of the man and something I related to deeply before I even heard of him.

**What is your pet-peeve?** Being told things I already know.

**Who is your favorite actress or actor and why?** Jaleel White. The CLASSIC Sonic the Hedgehog voice actor.

**If a wizard gave you three wishes, and one wish was to be an animal, which one would you be and why?** Why three when the other two are meaningless to this question? I’ll pick neanderthal. It can do everything a human can do with superior mental processing power and a metabolism to eat as much as I want.

**Welcome to the Network Connection—featuring employees from OIT**

Name: **LaRee Funston**

Job position in OIT:

**Contractor, System Administrator ImmPact2 Technical Support/OIT MeCDC Team**

What is your “hometown” or place of birth? **Modesto, California**

If you could ride a bus from Maine to California who would you select to ride in the seat beside you (can be deceased, living or yet to live) and why?

**My son, we could use the time together to reconnect.**

What is your favorite food?

**My favorite food is anything Mexican.**

What is your most favorite activity or event to do in the Spring?

**Emergence from the long winter hibernation. Go outside and soak up the vitamin D.**

Do you have a valuable cost saving tip to share that can help save money, make someone safer, or save time?

**Instead of just throwing away something that still has a use, but you no longer want, donate to charity, give it to a friend or even sell it.**

What is your favorite vacation spot? **Anywhere warm during New England Winters.**

Which famous person do you admire and why are they important to you, or in your view, to society in general?

**My great-grandfather, Major General Fredrick Funston. He was famous in his day. I admire him for what he was able to accomplish in his short life and the well-known people he influenced by his actions and command decisions.**

What is your pet-peeve?

**Some one that does not want to ask a question because he or she thinks it is stupid. If you think of it, someone else has too, go ahead and ask the question. To me an unasked question is stupid...**

Who is your favorite actress or actor and why?

**The ones I have met in person. You cannot know an actor by his or her performance, it is not the real person. Meeting the real person in a social situation will show you if the kind hearted person or monster on the stage or screen is for real or not.**

If a wizard gave you three wishes, and one wish was to be an animal, which one would you be and why?

**I would not want to be an animal. Most animals are food for other animals or people. Then there are the animals that are hunted just to be a trophy on display.**



**Welcome to the Network Connection—featuring employees from OIT**

Name: **Nicolas Genovese** Preferred Nickname (if any) **Nick**

Job position in OIT: **Information Systems Support Specialist I**

What is your “hometown” or place of birth? **Year: June 11/1987 Town: Gardiner, ME**

If you could ride a bus from Maine to California who would you select to ride in the seat beside you (can be deceased, living or yet to live) and why?

**Nikola Tesla, He is much understated in history for his ingenious achievements and he was very odd. I think it would be interesting to get his thoughts on the current world and what his inventions have led to.**

What is your favorite food? **Penne Bolognese**

What is your most favorite activity or event to do in the winter? **Design Games**

Do you have a valuable or cost saving tip to share that can help save money, make someone safer, or save time?

**Value personal discoveries, and don't be sucked into repetitive conformity.**

What is your favorite hobby or your favorite sport?

**I love to sculpt tabletop gaming figures. I currently work for multiple companies worldwide commissioning anything from war figurines to tabletop and board game pieces. Here is a picture of a recent piece I made for GaryCon, the Gary Gygax Dungeons and Dragons convention in Lake Geneva Wisconsin which I recently attended to sign cards for the 60 limited cast pieces.**



**The Dragon worm is 60mm tall the Adventurer is 28mm tall. Sculpted from “Green Stuff” clay on a twisted wire frame (UTP ;P ). These were later molded and reproduced in plastic for the convention.**

**Continue to next page**

Here are 2 Giants that stand 54mm tall for a different company



And a painted Cloud Giant I made, painted by Dirk Stiller of Germany:



Which famous person do you admire and why are they important to you, or in your view, to society in general?

Jacque Fresco, founder of the [Venus Project](#) is very influential in the way that I perceive life and where society ought to go as a whole. I take his vision with a grain of salt; his views have opened my eyes to think differently when I plan to build a home and being more sustainable in the way that I live.

**Welcome to the Network Connection—featuring employees from OIT**

Name: **Jeannette Mello**

Job position in OIT: **ISSS1**

What is your “hometown” or place of birth? **Lewiston**

If you could ride a bus from Maine to California who would you select to ride in the seat beside you (can be deceased, living or yet to live) and why? **My mother and daughter.**

What is your favorite food? **Taco’s**

What is your most favorite activity or event to do in the Spring? **Anything outside**

Do you have a valuable cost saving tip to share that can help save money, make someone safer, or save time? **Bring your lunch to work, do not go out to eat.**

What is your favorite vacation spot? **Florida**

Which famous person do you admire and why are they important to you, or in your view, to society in general?

**Oprah, she has made such an impact in so many ways to so many**

**People.**

What is your pet-peeve? **Someone chewing while on phone in my ear.**

If a wizard gave you three wishes, and one wish was to be an animal, which one would you be and why? **An Autism dog, so I could help a child deal with life.**

Name: **...Guess...**

Job position in OIT: **Systems Team Leader for MRS applications,**

If you could ride a bus from Maine to California who would you select to ride in the seat beside you (can be deceased, living or yet to live) and why? **My wife, why not?**

What is your favorite food? **That’s a tough one – the spiced pork roast I just had was awfully good.**

What is your most favorite activity or event to do in the Spring? **Spring skiing, followed by fly fishing.**

Do you have a valuable cost saving tip to share that can help save money, make someone safer, or save time? **If you ride a motorcycle, wear your helmet – always.**

What is your favorite vacation spot? **Up to camp in the woods north of Sugarloaf.**

Which famous person do you admire and why are they important to you, or in your view, to society in general?

**Jerry Garcia, as he pulled music from various influences and created something rather unique and beautiful.**

What is your pet-peeve? **People who strain all the broth from the self-serve soup pot in cafeterias.**

Who is your favorite actress or actor and why? **Robin Williams – a great mix of humor, irony and insight.**

If a wizard gave you three wishes, and one wish was to be an animal, which one would you be and why?

**A trout, I already love the places they live.**



**Welcome to the Network Connection—featuring employees from OIT**

Name: **Paul Sandlin**

Job position in OIT:

**Associate CIO - Applications**

What is your “hometown” or place of birth?

**Norman, Oklahoma**

If you could ride a bus from Maine to California who would you select to ride in the seat beside you (can be deceased, living or yet to live) and why?

**Truman Capote. Because he is dead and very small...More room to stretch out.**

What is your favorite food?

**Mexican**

What is your most favorite activity or event to do in the Spring?

**Visit family in Texas**

Do you have a valuable cost saving tip to share that can help save money, make someone safer, or save time?

**Drive slower.**

What is your favorite vacation spot?

**Lake Cobbossee**

Which famous person do you admire and why are they important to you, or in your view, to society in general?

**Alexander Hamilton. There was nothing he did not do well, except maybe getting along with others.**

What is your pet-peeve?

**People who will not admit it when they do not know something.**

Who is your favorite actress or actor and why?

**Daniel Day Lewis. There is nothing that he does not do well, except maybe...**

If a wizard gave you three wishes, and one wish was to be an animal, which one would you be and why?

**Human.**

**Welcome to the Network Connection—featuring employees from OIT**

Name: **Angeline (Angel) Truman**      Job position in OIT: **Admin Staff/4<sup>th</sup> floor reception**

What is your “hometown” or place of birth? **I was born in Augusta, Maine and lived in Maine most of my life (much of it in Farmingdale) except for living in Pennington, NJ for 6 months as a nanny when I first graduated high school.**

If you could ride a bus from Maine to California who would you select to ride in the seat beside you (can be deceased, living or yet to live) and why? **Someone who is a very funny person...probably Robin Williams...because that is a really long bus ride and he would make the ride very entertaining.**

What is your favorite food? **Most seafood/fish: Especially lobster, brook trout and sushi**

What is your most favorite activity or event to do in the Spring? **I actually have 2 favorite activities: Fishing is one of them. I have been freshwater and deep sea fishing since I was a young child but this Spring I am finally learning to fly fish as well. As a Boy Scout leader my 2<sup>nd</sup> favorite Spring activity is the Spring Camporee. It gets me ready for all of the Summer camping that my youngest son and I do in Scouts. It also gets me outside and close to nature which I love.**

Do you have a valuable cost saving tip to share that can help save money, make someone safer, or save time? **Everyone should learn CPR. Even kids especially if they are of babysitting age. I wish they taught it in school. When I was 17 years old I had to give a 5 month-old that I was babysitting CPR after she choked on Zwieback toast. It's not hard to learn and if it saves only one person's life it's well worth it.**

What is your favorite vacation spot? **Outside of Maine my favorite vacation spot is Florida. I have family there and always enjoy visiting them. Of course my kids like Disney World and Universal Studios and I act too much like a kid to not enjoy it there too. In Maine I love the coast: Anyplace where there is salt water. Rockland, Damariscotta, Bristol, Pemaquid Beach, Popham beach, Lincolnville, Rockport, Old Orchard, Sand Beach in Acadia, Boothbay. I love walking the beach with the kids and poking around in tide pools and catching hermit crabs and horseshoe crabs.**

Which famous person do you admire and why are they important to you, or in your view, to society in general? **Robert Baden-Powell who founded the Scout movement which was a wonderful thing that still helps young people to this day. Being in Scouts teaches kids so much. The Boy Scout law, oath and motto is a great way for all people of any age to live their lives. If more people followed that there would be a lot less chaos and violence in the world.**

What is your pet-peeve? **I don't like it when people choose to mistreat others. Life is too short to not strive to be kind. One of my favorite quotes is by the Dalai Lama which says:**

**“Our prime purpose in this life is to help others. And if you can't help them, at least don't hurt them.”**

Who is your favorite actress or actor and why? **I haven't really thought about it. I have a lot more favorite authors than favorite actors and I couldn't pick just one author. I love to read just about everything. I won't see a movie unless I read the book first. But then I usually don't like the movie because they changed the story too much or left too much out. Because I often change my mind about what I'm interested in reading I often have 2 or 3 books lying around the house that I'm halfway through reading at any given time.**

If a wizard gave you three wishes, and one wish was to be an animal, which one would you be and why?

**An Osprey. They can fly which is enviable and they get to eat fish all day.**

## Welcome to the Network Connection—Featuring Employees from OIT

Name: **Jamie-Lynn Desrochers**

Job position in OIT: **Deskside Support Intern**

What is your “hometown” or place of birth?

If you could ride a bus from Maine to California who would you select to ride in the seat beside you (can be deceased, living or yet to live) and why? **My husband because we are partners in crime and I can’t see a road trip without a lot of laughter and some daring adventures**

What is your favorite food? **Salad**

What is your most favorite activity or event to do in the Spring? **Working out outside and hiking**

Do you have a valuable cost saving tip to share that can help save money, make someone safer, or save time?

What is your favorite vacation spot? **I don’t have a favorite, I love to try new places**

Which famous person do you admire and why are they important to you, or in your view, to society in general? **Eleanor Roosevelt, she did give a crap about society views of her and her role. She stepped up to what many thought were an unattainable plate and hit grand slams every time. She had fears, but faced a new one every day in order to overcome.**

What is your pet-peeve? **People chewing**

If a wizard gave you three wishes, and one wish was to be an animal, which one would you be and why? **A Dog because they the most positive outlook in life**

Name: **William Schoen**

Job position in OIT: **Programming Intern**

What is your “hometown” or place of birth? : **Portland, ME**

If you could ride a bus from Maine to California who would you select to ride in the seat beside you (can be deceased, living or yet to live) and why?

**I would sit with 17 year old me and enlighten him with all that I have learned so far in my life. Insider trading tips and lottery numbers, that kind of stuff, then I’d send him back in a time machine to the right time.**

What is your favorite food? : **Buffalo Chicken and Ranch**

What is your most favorite activity or event to do in the Spring? : **Biking**

Do you have a valuable cost saving tip to share that can help save money, make someone safer, or save time? **Never order a prebuilt PC (with the exception of laptops), and never order a gaming laptop.**

What is your favorite vacation spot? : **The beach**

Which famous person do you admire and why are they important to you, or in your view, to society in general? **Albert Einstein, mostly inspirational quotes.**

What is your pet-peeve? : **Someone chewing with their mouth open.**

Who is your favorite actress or actor and why? **Jerome Flynn, Game of Thrones is awesome.**

If a wizard gave you three wishes, and one wish was to be an animal, which one would you be and why? : **A velociraptor, because they’re awesome.**

**Welcome to the Network Connection—Featuring Employees from OIT**

Name: **Jeffrey Wm. Cotnoir** Nickname (if any) **Cutawire**

Job position in OIT: **Management Analyst I with OIT Contracts and Procurement**

What is your “hometown” or place of birth? **Born in Woonsocket, R.I., grew up in Kents Hill, ME. and resides in Augusta.**

If you could ride a bus from Maine to California who would you select to ride in the seat beside you (can be deceased, living or yet to live) and why?

**Jesus Christ. There could be no better travelling companion for protection, conversation and excitement.**

What is your favorite food? **Galumkis – (rolled, stuffed cabbage)**

What is your most favorite activity or event to do in the winter? **Read, write and antiquing.**

Do you have a valuable or cost saving tip to share that can help save money, make someone safer, or save time?

**Don't spend it if you don't have it ; If it feels dangerous, looks dangerous and you're hesitant about doing it.....DON'T; Finally, Time is the only thing that you cannot save. Whether you like it or not, you have to spend it until you have no more and if you spend it wisely, you will be rewarded with a never-ending supply when this life is over.**

What is your favorite hobby or your favorite sport?

**Collecting Insulators and hiking old railroad tracks with my brother and our dogs.**

Which famous person do you admire and why are they important to you, or in your view, to society in general?

**Jesus Christ. Same reasons as previously mentioned.**

What is your pet-peeve?

**People who have pet-peeves. They never take care of them and never have them spayed or neutered. So consequently, they continue to breed peeve after peeve until they are nothing but one BIG peeve! Don't ya just hate that?**

Who is your favorite actress or actor and why?

**Julie Andrews. She is simply superb in everything she does.**

If a wizard gave you three wishes, and one wish was to be an animal, which one would you be and why?

**A dog. They are simply a reflection of God and His love for us.**



**Welcome to the Network Connection—featuring employees from OIT**

Name: **Benson “The Nose” Dana**

Job position in OIT:

**I think it’s to have all the answers and should be in charge of everything and everyone.**

What is your “hometown” or place of birth?

**Mars. Just ask anyone.**

If you could ride a bus from Maine to California who would you select to ride in the seat beside you (can be deceased, living or yet to live) and why?

**Why, indeed! Why would I ride all that way next to a dead person?**

What is your favorite food?

**Everything**

What is your most favorite activity or event to do in the Spring?

**Are you kidding?**

Do you have a valuable cost saving tip to share that can help save money, make someone safer, or save time?

**Well, I don’t like to spread this around too much, but.....buy low and sell high!**

What is your favorite vacation spot?

**The Museum of Natural History, at night, when all the dead things come alive.**

Which famous person do you admire and why are they important to you, or in your view, to society in general?

**Frank Purdue, because everyone likes chicken.**

What is your pet-peeve?

**Questionnaires.**

Who is your favorite actress or actor and why?

**John Cleese. He is one of the funniest human beings on the planet. Fawlty Towers.**

If a wizard gave you three wishes, and one wish was to be an animal, which one would you be and why?

**A parrot, so I could tell the wizard to turn me the freak back to a person and still have one more wish.**

## Just for the HEALTH of IT!!

### Attention Health Benefits—Annual Open Enrollment

Dear State of Maine Employee,

We are approaching that time of year for two important events related to your health insurance. If you haven't already, you will soon receive all of the details in your home mail. Here are some key points regarding the events:

#### Health Credit Premium Program – 2013 Requirements:

All adult members currently covered on your health insurance policy must complete the StayWell health risk assessment (HRA). The HRA will be available from May 10 through May 29, 2013. The deadline to complete the HRA is 11:59pm on May 29, 2013. Adult members are defined as at least age 18 as of May 1, 2013 (spouses/domestic partners as well as other qualified dependents).

Having named a Primary Care Physician with Aetna.

***Both requirements must be met in order to receive a 5% credit off of the individual health insurance premium amount.***

#### Annual Open Enrollment:

Open enrollment will be held from Monday, May 20 through Saturday, June 8, 2013.

You can make changes to your health, dental and vision coverage during this time. (If you aren't making a change, then nothing is required.)

On-line enrollment option available this year for MS-TAMS users.

You will also be receiving in your home mail information about some changes being made to the health plan. For more information about the above programs, plan enhancements & changes go to [www.maine.gov/deh](http://www.maine.gov/deh).

All items above become effective with the new plan year and fiscal year beginning July 1, 2013.

Thank you.

Division of Employee Health & Benefits

114 State House Station (mailing)

220 Capitol Street (physical)

Augusta, ME 04333-0114

**(207)287-6780**

**1-800-422-4503**

**TTY Users Dial Maine Relay 711**

**Fax: (207)287-6796**

**[www.maine.gov/deh](http://www.maine.gov/deh)**

## Just for the HEALTH of IT!!

**Dear State of Maine Employees,**

AllOne Health, provider of our Employee Assistance Program (EAP) has released the quarterly FrontLine Employee Newsletter. The 2013 edition focuses on topics such as:

- Exercise Your “Resiliency Muscles”
- Helping Children with Traumatic Stress
- More Sleep for Kids
- Stopping Covert Aggression at Work
- Achieving Your Goals: No More Anger Over Failure
- Instilling a Desire to Exercise in Children

Avoid Teaching Emotional Eating

To view the newsletter just go to <http://www.maine.gov/deh/healthbenes/eap/index.html>.

**The EAP program is available 24/7 at 1-800-451-1834.**

## Project Updates

### **Policies, Standards, Procedures and Bricks – OH MY!**

With lots of support from OIT Subject Matter Experts, the Enterprise Architecture group has been hard at work refreshing and updating our OIT Policies, Procedures, Standards and Bricks. To date the following policies have been updated and published: Forensic, Major Incident DR, Change Management, Hosting Location, and the Client Device Apps Policy. Additionally, the Bricks that communicate our technology directions are being refreshed. Those recently updated are: Web/App Servers , Client Device OS, Load Balancer, Internet Domain Naming, DBMS, GeoSpatial Toolkits, GeoSpatial Servers, Data Modeling Tools, Object-Relational Mapper, and Database Tools Bricks. When refreshed on the recommended review cycle the process is called “Evergreening”. We are thrilled (so policy-wonks have a dull life) to be Evergreening our IDE Brick right now. Up next month for Evergreening will be the UI Frameworks Brick!

We have updated our Current State Environments document and are working on the 2-year Future State Environments document. These documents help provide readily available information for our non-OIT stakeholders.

If you have any questions on this work or for more information contact Denise Brigham.

[Denise Brigham](#)

Enterprise Application Architect

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**Congratulation to Kelley and Derek Mullens (OIT intern)  
on the birth of their daughter, Bylee.**

**She is also the granddaughter of Laurie Mullens who  
worked for 36 years in MRS.**

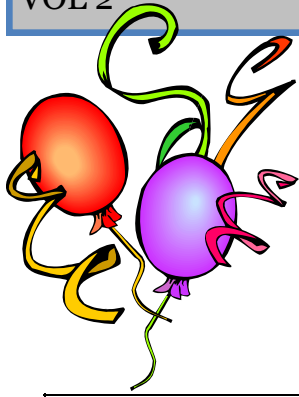


**Brylee Arabella Mullens** was born on Sunday April 28th at 5:32am in Augusta after a very quick labor, about 4 hours total, we arrived in the hospital only 2 hours before she was born. She is welcomed by her sibling Thomas who is age 6 and sure to be a great playmate. Brylee was 8lb 8oz and 21 inches long.

She is beautiful and perfect in every way, we feel so very, very blessed.

And, can you tell, she is a daddy's girl?





## Welcome Our New OIT Employees! Congratulations to those who were promoted!

Employee Name		New position
Marcia Moore	Transfer	Programmer Analyst
Jamie Desrochers	New Hire	Intern Client Tech
Matthew Keene	New Hire	Sr. ISSS
Daniel Folsom	Promotion	Sr. Programmer Analyst
Wayne Gallant	Promotion	Associate CIO
Andrew Vick	Transfer	Programmer Analyst
Garret Hubbard	New Hire	PSMII_Application Director
Doug Averill	Promotion Transfer	Dir, Business Process Mgmt.
Michael McLaughlin	Promotion	Senior Tech Support Specialist
Donald Loud	Retirement	OIT Business Analyst
Peter Konieczko	Retirement	System Team Leader
Joshua Jacques	Promotion	Programmer Analyst
Corinne Lear-Johnson	New Hire	Systems Analyst
Mark Gilbert	Promotion	Systems Analyst
Joshua Karstens	New Hire	Info Tech Project Manager
Karen Curtis	Acting Cap	IT Applications Director
Ted Brown	Transfer	Programmer Analyst
Christopher Leonard	Promotion Transfer	Programmer Analyst
Kevin Jones	Retirement	OIT Business Analyst
Jeffrey Jordan	Promotion	System Team Leader
April Richmond	Promotion	System Team Leader
Cassandra Perkins	Promotion Transfer	PSCII-Tech Business Consultant
Lavana Snyder	Retirement	OIT Program Manager
Michael Violette	Retirement	Computer Operation Asst. Manager
Steve Sutton	Promotion Transfer	OIT Business Analyst

**We wish those who retired a healthy and prosperous  
new journey!**



# 8 Ways to Reinvent a Career When You're Older

By Dorie Clark, Published: May 9

It's no secret that the economic upheaval of the recession wreaked havoc on many Americans' retirement plans. Between 2007 and 2010, the number of working Americans 55 and older grew by nearly 8 percent — the only group whose workforce participation rates increased. Couple that with many baby boomers' desire to keep working later into life for personal fulfillment, and you've got a cohort who are planning to stay in the workforce for the foreseeable future. And quite naturally, they're starting to ask: Is this what I want to spend the rest of my career doing?

Reinvention can seem daunting, but so can spending the rest of your professional life doing a job that's no longer fulfilling.

Reinvigorating the later years of your career can happen in a dramatic way (changing industries) or more subtly (learning new skills or moving to a different job within your company). I spent several years studying and interviewing people who had successfully managed to get out of their professional ruts, and I found eight strategies that are particularly useful for older “reinventers.”

**1. Get clear on your timeline.** If you're planning to retire in 15 years, you have a lot more latitude to experiment than someone who's planning to retire in two. Of course, if finances aren't a concern, you can make professional leaps with abandon at any stage. But if they are, the first step is to calculate how many years you plan to continue working full time and decide whether you ultimately want to set yourself up for part-time or more flexible work. If your retirement horizon is shorter, you may want to consider a smaller reinvention — such as shifting to a new position within your same field — rather than retraining for an entirely new career.

**2. Borrow ideas.** Now set your timeline aside for a moment, and think of 10 people you know who are doing really interesting things. Maybe your sister has started a side business as a consultant, or a colleague heads up a project at work you find intriguing. Your future opportunities, and even your ideas about what's possible, often come from your network. Look through your list for any commonalities. Do many of them set their own hours? Are many of them learning a new skill? How many of them are in your current field? Then reach out: Immediately invite at least a few friends or colleagues for coffee.

**3. Develop feasible new skills.** Once you've loosely mapped out a range of opportunities that could fit both your timeline and your interests, make another list: this one should be of three things you can do in the next several months to enhance your knowledge base. These could include taking an online course, seeking out a new assignment, joining a nonprofit board, or even simply reading five books on a related topic.

**4. Turn “old” skills into new assets.** Instead of fixating on how you can fit a different mold, think about how you can fill a void. Write down one or two sentences identifying the knowledge or skills you have that others in your new domain might not. For example, you may not have years of experience in human resources, but your time in the sales department probably gave you a valuable perspective about how to hire the right people that you can bring to a new career in HR.

## 8 Ways to Reinvent a Career When You're Older, cont.

**5. Don't be afraid to go backward temporarily.** Sometimes, the way forward is by taking a step back. If you're shifting fields, you may need to take a job at a lower level so you can "learn the ropes" of the new industry, yet often your past experience will then help you leapfrog ahead quickly. Be mindful, though, that you have enough time as a worker still ahead of you to see the payoff. Ask yourself: Will this job help me learn new skills or gain a new perspective? Will I be making useful connections? Is there a clear path to advancement, and how long is it likely to take?

**6. Get online.** Increasingly, your professional reputation is shaped by your online reputation. After all, the first thing a potential employer will do after receiving your resume is an Internet search to find out more about you. Don't leave that impression to chance. Even if you have no interest in starting a blog or a Twitter account, at the very least take a few hours to build a robust LinkedIn profile. It's a standard assumption these days that any professional has one. Make sure to include your photo and fill out all the fields for education and job history. People can find information about you online whether you put it there or not, so you're better off crafting the image they see.

**7. Find people to hold you accountable.** You're less likely to be successful if you try to handle your reinvention alone. Make a list of your most thoughtful friends and colleagues. Reach out to between 3 and 6 of them, and ask if they'd like to get together periodically to trade ideas. Schedule a meal with at least one of them, once a month, to keep yourself fresh.

**8. Overcome self-doubt.** You may worry it's too late to reinvent yourself, or think you've locked yourself into your current path. But people can — and do — take on new professional challenges all the time. My colleague's father just completed his Ph.D. at age 66, and another person I know started a career as a political campaign manager after she retired. The most important step is realizing you can do it and projecting that confidence to others, so they'll feel motivated to help you along your path.

*[Dorie Clark](#) is a strategy consultant and author of the newly released [Reinventing You: Define Your Brand, Imagine Your Future](#) (Harvard Business Review Press, 2013). Listen to her [podcasts](#) or follow her on [Twitter](#).*

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The **OIT Lunch and Learns** are designed to provide innovative and

thought-provoking discussion on hot-button topics to enhance the ability for individuals to grow and develop in the workplace.

The **Lunch and Learns** provide networking opportunities and feature a diverse range of talented guest speaker(s) who are considered a subject matter experts in their field.

The **lunch and learn** sessions are designed to advance the understanding of our employees on a variety of workplace topics, highlight best practices, and offer a forum for professional networking. We would like recommendations from employees on the topics for future sessions!

#### FOR PLANNING PURPOSES

The **Lunch and Learns** will be held in 317 from 12:00-1:00. The dates are established. Please bring your own lunch. We may be coordinating a delivered pizza lunch for those who wish to pitch in at some of the sessions. More to follow on that idea.

Upcoming Dates:

June 11, July 9, Aug.13, Sept.10, Oct. 8, Nov. 12, Dec. 10, Jan. 14, and Feb. 11,

**June 11th will feature a presentation from VTEC. More detail on next page**

To recommend a Lunch and Learn topic please contact one of the T&D sub team members, Bruce Flaherty, Chris Osgood, or Bill Waterman. This lunch and learn team is a sub team of the Learning and Development Team being developed for OIT!

#### Trivia from Tech Night and for your LEARNING pleasure!

Who was the original architect of the Linux Kernel?

Which Linux distribution is the State of Maine's OIT most heavily invested in?

What software philosophy is Linux derived from which distinguishes it from other operating systems?

**Lunch and Learn**

**June 11**  
**Room 317 A/B**  
**Noon– 1:15 pm**



**Topic : BYOD and all that this means!!!**

**Robert Moore - Lunch and Learn Speaker—June 11**

A Senior Technical Instructor at VTEC Training. Robert has more than 20 years of expertise in the fields of sophisticated networking, information, and telecommunication technologies. Robert has been working as an Information Technology Consultant and Instructor, providing training and consulting for the IT Industry in Upper Franconia and central region of Germany. Robert has been conducting consulting and training in 50 states at large in the United States since 2005. Robert holds a Master's of Science in Information Technology, C|CISO, CCNP, CCNA, CCAI, MCITP, and MCT. I have directly managed programs with a successful customer response.

Specialties: Telecommunications – Carrier Provider WAN Technologies (SONET, ATM, Frame-Relay, Wireless. PPP, xDSL, T-carriers, OC-carriers) – Internet Service Provider Technologies (BGP, IP Routing, OSPF, EIGRP, IS-IS, HSRP, GLBP, RIP) –Network Infrastructure and Services (HTTP, HTTPS, FTP, WWW, Terminal Services) – Network Security Specialist, Security Documentation, Policy design and enforcement (PIX Firewall Specialist, Checkpoint,

The speaker for July 9, 2013, will be Chris Osgood...more details to follow.